



The only time I hang out with other bears is when we gather at the river to fish.

Fish is one of my favorite foods. The other bears and I eat as many fish as we can catch.



FACT

Grizzly bears eat as much as they can in the summer and fall.



Grizzlies love to eat clams, too. I dig for them in the sand.

I don't just eat seafood.
I will eat anything I
can get my paws on—
berries, leaves, **roots**,
and even insects.



When winter comes, it will be hard to find food.
So I'll dig a **den** and go to sleep. I will live off
my fat for the six months I am asleep.

